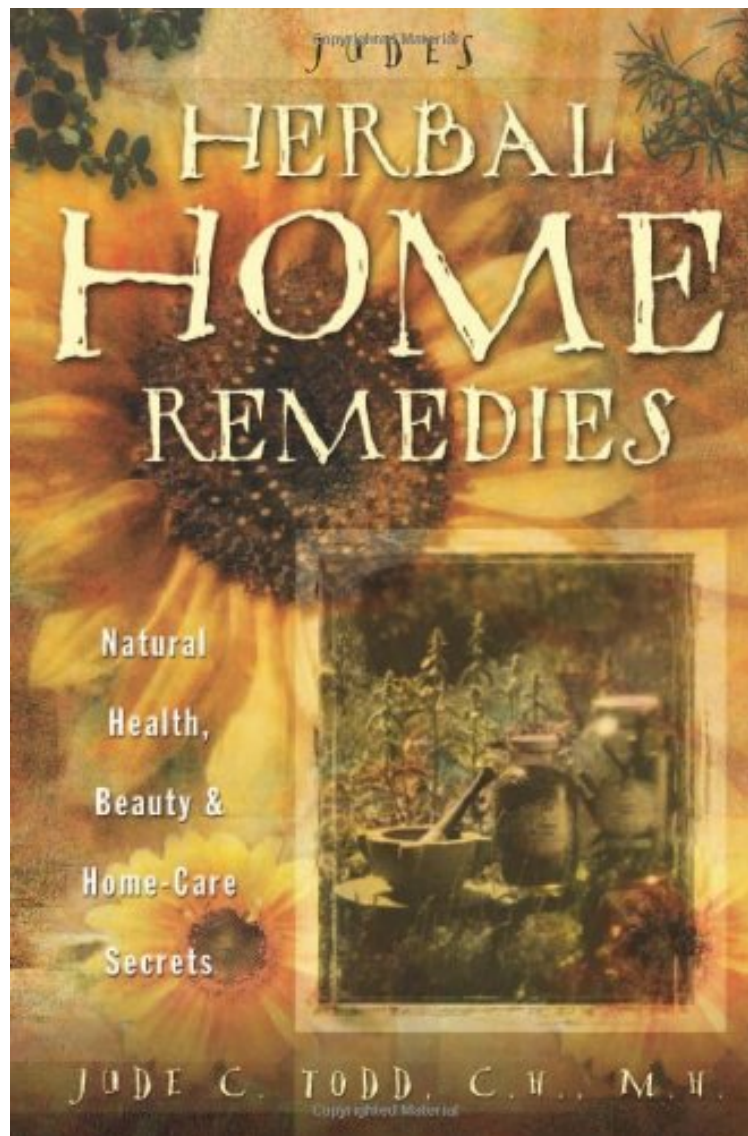


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Jude's Herbal Home Remedies: Natural Health, Beauty Home-Care Secrets (Living With Nature Series)

Jude Todd

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Jude Todd : Jude's Herbal Home Remedies: Natural Health, Beauty Home-Care Secrets (Living With Nature Series) before purchasing it in order to gauge whether or not it would be worth my time, and all praised Jude's Herbal Home Remedies: Natural Health, Beauty Home-Care Secrets (Living With Nature Series):

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By Shauna N. BonillaI used to own this book years ago, but had never actually used the book. When I moved, this book got lost, so I recently bought it again. I was a good read, refreshing my memory on some things. As this was a newer edition, there were some changes and updates. While I still haven't used this book in a practical manor, I will be in the future as I endeavor to make home made soaps

Discover a simpler, more natural way of life. Pour yourself a cup of chamomile tea, find a quiet corner, and browse through the wealth of natural remedies, household tips, and beauty secrets presented in this tried and true guidebook. Now updated and expanded, Jude's Herbal Home Remedies offers more than 800 treatments, tinctures, tonics, and teas, using many easy-to-find herbs, as well as a comprehensive herbal index with over 200 illustrations.

"??? her words ring with a voice of experience and common sense. She does not simply toss us a book full of symptomatic remedies and leave it at that. [She] takes a holistic approach to health and offers enough sensible reminders to make this book readable." -- The Herb Companion "The Herb Companion"
From the PublisherWould you like to save the world while you make your life better and put money in your pocket? Does this sound too good to be true? It's not. And the proof can be found in Jude's Herbal Home Remedies by Jude C. Williams. So how can this book make your life better? Among the more than 800 remedies in this book are ways to quickly and easy perform tasks that used to take a long time. Need to clean some chrome? Don't go to the store for a cleaner when a lemon will do the job. Out of laundry bleach? Use vinegar instead. Did you forget the bug spray for your picnic? Just put some fresh basil on the table. Can this really save you money? Absolutely. Think of all the cosmetics you use. Inexpensive, common products can replace them all, from lipstick to dandruff shampoo. And forget buying all of those expensive, over-the-counter medicines when the herbs and treatments listed in this book cost only pennies per dose. How can the ideas in Jude's Herbal Home Remedies save the world? By using natural plants instead of dangerous pesticides and cleaners you will be preventing the pollution that is choking the planet. Jude's Herbal Home Remedies shows you how to value tradition and use the best possible remedy for any reason. Often, that may be a plant in your back yard. You'll feel better, you'll have more money, and the planet will be safer when you get this book.
About the AuthorIn her more than forty years of involvement with herbs, Jude C. Todd, C. H., M. H., (1942 - 2012) earned the titles Master Herbalist from Dominion College and Naturopathic Doctor from the American Holistic College of Nutrition. Jude was a sought-after lecturer and a frequent guest on radio shows, discussing the topic of herbal medicine.